



Iron View Fitness Personal Trainer Position

Position Type: Independent Contractor (Full-Time Preferred)

About Iron View Fitness

At Iron View Fitness, we are dedicated to empowering our members to achieve their fitness goals through exceptional support, state-of-the-art equipment, and a welcoming, community-focused environment. We value integrity, hard work, and a passion for helping others become the best version of themselves.

Position Overview

We are seeking experienced, self-motivated, and client-focused personal trainers to join our team as independent contractors. The ideal candidate will possess a strong background in fitness and health, with the ability to motivate and inspire clients to achieve their personal fitness goals. As a Personal Trainer, you will design customized workout programs, provide one-on-one training sessions, and foster a supportive environment that encourages clients to push their limits.

Responsibilities

- Conduct initial assessments to understand clients' fitness levels and goals.
- Develop personalized training programs tailored to individual client needs.
- Provide guidance on proper exercise techniques and safety protocols.
- Monitor client progress and adjust training plans as necessary.
- Offer nutritional advice and lifestyle coaching to enhance overall wellness.
- Maintain a clean and organized training environment.
- Promote fitness programs and services offered by the facility.
- Engage in ongoing education to stay current with industry trends and best practices.
- Foster a welcoming and inclusive environment that aligns with Iron View Fitness values.
- Actively engage with gym members to build rapport and promote personal training services.
- Participate in and support community events, workshops, or initiatives hosted by Iron View Fitness.

Skills

- Strong knowledge of anatomy, physiology, and physical education principles.
- Experience in personal training, program design, and sports coaching.
- Familiarity with health club operations and group fitness instruction.
- Proficiency in fitness sales techniques to attract new clients.
- Excellent communication skills with the ability to motivate others.
- Strong organizational skills and attention to detail in program development.
- Ability to work collaboratively within a team environment while also being self-motivated.

Qualifications

- Minimum of 3 years of personal training experience.
- Relevant certification(s) from a recognized organization (e.g., NASM, ACE, ACSM, NSCA).
- CPR/AED certification (current).
- Strong interpersonal and communication skills.
- Self-starter with the ability to manage time and clients effectively.
- Bachelor's degree in Exercise Science, Kinesiology, or related field.
- Experience working as an independent contractor or managing a client base.

Compensation

- Competitive, commission-based pay structure under a 70/30 percentage split, with trainers receiving 70% of revenue from their clients.
- Other sales and referral bonuses available.
- Flexible scheduling and the autonomy to manage your own business within the Iron View Fitness community.
- Access to Iron View Fitness facilities for client training and personal use.

How to Apply

If you are passionate about fitness, dedicated to client success, and excited about becoming a part of the Iron View Fitness team, please send your resume, a brief cover letter, and relevant certifications to hello@ironviewfitness.com.

Join us in making a meaningful impact on the lives of our members while building a thriving career in fitness!